Dear Health Care Provider,

MILD

I am here today because I am concerned about new and/or worsening symptoms I have been experiencing for more than 2 weeks. I know that these symptoms can be early warning signs of ovarian cancer. Below are the symptoms I am currently experiencing.

1. My bloating or increased abdominal size is (circle one):

2. I have had a problem with bloating or abdominal size on these days (**V**)

SEVERE

Sunday Monday Tuesday Wednesday Thursday



BLOATING or INCREASED ABDONIMNAL SIZE

MODERATE

	Week 1							
	Week 2							
	Week 3							
	Week 4							
		<u>.</u>	•	<u> </u>			•	•
PELV	IC or ABDO	OMINAL PAII	N					
1.	On a scale f	rom 1 to 10, my	pain – at its wo	rst – is (circle or	e):			
	(Mild) (Severe) 1 2 3 4 5 6 7 8 9 10							
2.	2. This is a problem for me times a month							
DIFFI	CULTY EAT	TING OR FEE	LING FULL Q	UICKLY				
1.	I typically ca	an eat this much	of the food on	my plate before	I feel full (circ	cle one):		
	100%	75%	50%	25%				
_								
2.	I have had i	ndigestion, cons	tipation or diffi	culty eating	tin	nes per week.		
		QUENT OR U						
1.	 On average, I go to the bathroom this many times daily (circle one): 							
	(1-3)	(4-6)	(7-9)	(10 or mo	re)			
_						V/EC	NO	
2.	2. When I need to go to the bathroom, I am worried I will not make it in time: YES NO							
PERS	ONAL AND	FAMILY HIS	TORY OF CA	NCER:				
	Y HISTORY O							
1.	My was diagnosed with breast cancer at age							
	My was diagnosed with ovarian cancer.							
3.	My was diagnosed with colon cancer							
DEDSO	NAI LISTOD	OF CANCER:						
		OF CANCER.	cancer					
•	i ilave ilau _		cancer.					

Please be advised that the information in this sheet is not intended to replace or modify the medical advice of your doctor or healthcare provider. It must be considered an informational/educational material only and is not designed to replace a physician's independent judgment regarding your condition.

I am concerned about these symptoms and would like you to rule out ovarian cancer by considering a recto-vaginal

exam, a transvaginal ultrasound and a CA-125 test in addition to other tests needed to make a diagnosis.